Department of Veterans Affairs Veterans Health Administration Washington, DC 20420 VHA HANDBOOK 1303.1 Transmittal Sheet April 16, 2003

## EVALUATION PROTOCOL FOR GULF WAR VETERANS WITH POTENTIAL EXPOSURE TO DEPLETED URANIUM (DU)

- **1. PURPOSE:** This Veterans Health Administration (VHA) Directive outlines the procedures for evaluating Gulf War veterans with possible exposure to depleted uranium (DU).
- **2. SUMMARY OF CHANGES:** This issuance, designed to evaluate Gulf War veterans with possible exposure to DU, rescinds VHA Directive 98-032.
- **3: RELATED ISSUES:** VHA Directive 1303, and VHA Handbook 1303.2 (to be published).
- **4. RESPONSIBLE OFFICE:** The Chief Public Health and Environmental Hazards Officer (13) is responsible for the contents of this directive. Questions about DU should be addressed to the Baltimore DU Follow-up Program at 1-800-815-7533; general questions about the protocol should be addressed to the Environmental Agents Service at (202) 273-8580.
- **5. RESCISSIONS**: VHA Directive 98-032, is rescinded.
- **6. RECERTIFICATION:** This VHA Handbook is scheduled for recertification on or before the last working day of April 2008.

Nevin M. Weaver for Robert H. Roswell, M.D. Under Secretary for Health

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## EVALUATION PROTOCOL FOR GULF WAR VETERANS WITH POTENTIAL EXPOSURE TO DEPLETED URANIUM (DU)

#### 1. PURPOSE

This Veterans Health Administration (VHA) Directive outlines the policy and procedures for evaluating Gulf War veterans with possible exposure to depleted uranium (DU).

#### 2. BACKGROUND

- a. DU is natural uranium left over after most of the U-235 isotope has been removed, such as that used as fuel in nuclear power plants. It is about half as radioactive as natural uranium and is a radiation hazard primarily if internalized, such as in shrapnel, contaminated wounds, and inhalation. In addition to its radioactivity, DU has some chemical toxicity related to being a heavy metal (similar to lead).
- b. During the Gulf War (beginning in 1990), DU was used by the United States military in projectiles and armor for tanks. Service personnel who may have had potential inhalation exposures to DU include those on, in, or near vehicles hit with "friendly fire," rescuers entering burning vehicles, individuals near fires involving DU munitions, individuals salvaging damaged vehicles, and those near burning vehicles.
- c. The medical effects of DU exposure are continuing to be evaluated. A group of Gulf War veterans with retained DU fragments or DU-contaminated wounds is being followed at a special DU Program at the Department of Veterans Affairs (VA) Medical Center, Baltimore, MD. While no clinically significant adverse effects of DU have been evident to date in this group, some abnormalities have been detected on specialized testing.
- d. The Baltimore DU Follow-up Program has determined that for Gulf War friendly-fire victims, a 24-hour urine determination for uranium is a more sensitive screening test for DU than whole-body counting.
- e. The Austin Automation Center (AAC) functions as the "contractor" to VHA in providing national level computer support for this DU program.

**NOTE:** For additional background information on DU, see the references in paragraph 6.

#### 3. SCOPE

Each VHA facility will use the DU protocol examination to evaluate Gulf War veterans identified and referred by the Department of Defense (DOD) or those veterans who self-refer because they are concerned about potential inhalation exposure to DU according to the protocol outlined in paragraph 4.

#### 4. RESPONSIBILITY

The VHA facility Director is responsible for ensuring that the facility VA Gulf War Registry programs provide DU protocol examinations to any eligible Gulf War veteran identified by DOD

or any other Gulf War veteran concerned about possible exposure to DU.

- c. The Baltimore DU program staff is responsible for:
- (1) Arranging for testing of urine samples for uranium.
- (2) Sending by letter the results of the 24-hour urine for uranium directly to the veteran with a copy to the VA referring clinician.
  - (3) Forwarding the urine uranium results to AAC for entry into the Registry database.
  - (4) Providing consultive advice to VA clinicians regarding DU testing.

#### 5. PROTOCOL

The DU protocol consists of a Gulf War Registry examination, DU exposure questionnaire, and a 24-hour urine collection for creatinine and uranium.

- a. The exposure history contained on VA Form 10-9009D, Depleted Uranium (DU) Questionnaire (see Att. A), must be administered to each veteran who is concerned about possible DU exposure.
- b. Any positive responses to the DU questionnaire are to be followed up with more detailed history-taking by the examining health care provider. The full exposure history must be recorded in the veteran's consolidated health record (CHR) and/or the computerized patient record system (CPRS). All free text on the DU questionnaires must be included in the CHR or CPRS, but not in the Registry dataset at AAC. Completed DU questionnaires are to be submitted to AAC on completion of protocol examination.
- c. If the veteran was not identified by DOD as possibly DU-exposed, but information provided during the examination of the veteran suggests that the veteran may have had a significant exposure to DU, or if the veteran has a high level of concern that such an exposure occurred despite counseling by the health care provider, a DU protocol examination needs to be completed.
- d. The health care provider must contact the DU Follow-up Program at the Baltimore VA Medical Center (1-800-815-7533) to discuss obtaining a 24-hour urine collection for uranium. **NOTE:** The 24-hour urine collection for uranium must be performed in accordance with instructions in Attachment B.
- e. Upon completion of the protocol examination, the Gulf War Registry code sheet and the DU exposure questionnaire will be forwarded by the Environmental Health Coordinator (EHC) to AAC for entry of the examination results into the Gulf War Registry database. **NOTE:** If the veteran has already had a Gulf War Registry exam, only the DU code sheet will be forwarded to AAC.
- f. Results of the 24-hour urine for uranium are communicated directly to the veteran by letter from the Baltimore DU Follow-up Program with a copy to the VA referring physician for the

veteran's CHR and/or CPRS. The Baltimore DU program staff forwards the urine uranium results to AAC for entry into the Registry database.

- g. Follow-up actions for any veteran with an elevated 24-hour urine uranium determination will be individualized based on discussion between the veteran's primary VA clinician and the staff at the Baltimore DU Follow-up Program.
- h. Additional diagnostic evaluation of signs or symptoms identified during the examination are to be completed as clinically indicated. *NOTE:* Eligible veterans who wish to have VA follow-up care need to be assigned to a primary care team.

#### 6. REFERENCES

- a. Voelz, George L., Chapter 13 "Uranium," in <u>Hazardous Material Toxicology</u>, Eds. Sullivan, John B. and Krieger, Gary R. Williams and Wilkins, Baltimore, MD, 1992.
- b. Health Effects of Depleted Uranium Fact Sheet, Department of Defense, June 11, 1993. *NOTE:* Copies can be obtained by calling (703) 697-3189.
  - c. "Agency for Toxic Substances and Disease Registry," U.S. Public Health Service, 1990.
- d. <u>Toxicologic Profile for Uranium</u>. PB91-180 471, U.S. Department of Commerce, National Technical Information Service. *NOTE: Customer Service is (703) 487-4660*.
- e. McDiarmid, et al. "Health Effects of Depleted Uranium on Exposed Gulf War Veterans" Environmental Research, Section A, Vol. 82, 2000, pages 168-180.
- f. McDiarmid, et al. "Urinary Uranium Concentrations in an Enlarged Gulf War Veterans Cohort," Health Physics, Vol. 80, number 3, 2001, pages 270-273.
- g. McDiarmid, et al. "Surveillance of Depleted Uranium Exposed Gulf War Veterans: Health Effects Observed in an Enlarged "Friendly Fire" Cohort, JOEM, Vol. 4, Number 12, December 2001, pages 991-1000.
  - h. VHA website: <a href="https://www.va.gov/gulfwar">www.va.gov/gulfwar</a>

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10. W	HEF	RE D	ID Y	ou s	ERVI	E? Er	nter Co	ode '	"Y"= \	res o	r "N"	= No	n Blo	cks 1	104a t	throug	h 10	4e.							
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10	0c.	Code	e "c"	= Ira	q																1	04c			
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DEPLETED URANIUM QUESTIONNAIRE, Continued SSN		
<b>Instructions:</b> Choose one of the following codes for Questions 11 through 39, unless other c		
narrative response is required: Code "Y" = Yes Code "N" = No Code "D" = I	Oon't Know	
	(a) BLOCK	(b) CODE
11. WERE YOU A LOGISTICS ASSISTANCE REPRESENTATIVE (LAR) WHO INSPECTED DEPLETED URANIUM CONTAMINATED SYSTEMS TO DETERMINE REPAIRABILITY?	105	
12. WERE YOU A MEMBER OF A BATTLE DAMAGE ASSESSMENT TEAM (BDAT) WHO EXAMINED U.S. COMBAT VEHICLES KNOWN, OR SUSPECTED TO BE, DAMAGED OR DESTROYED BY DU?	106	
13. WERE YOU A MEMBER OF THE 144 SERVICE AND SUPPLY COMPANY WHO PROCESSED DAMAGED EQUIPMENT, INCLUDING SOME WITH DU CONTAMINATION?	107	
14. WERE YOU A MEMBER OF A RADIATION CONTROL (RADCON) TEAM DEPLOYED IN THE PERSIAL GULF?	N 108	
15. WERE YOU INVOLVED IN THE EXAMINATION OR RECOVERY OF DAMAGED OR DESTROYER ENEMY VEHICLES?	109	
16. WERE YOU INVOLVED IN THE DOWNLOADING OF EQUIPMENT OR MUNITIONS FROM VEHICLES KNOWN OR SUSPECTED TO BE CONTAMINATED BY DU?	3 110	
17. WERE YOU A MEMBER OF A UNIT MAINTENANCE TEAM PERFORMING MAINTENANCE ON OR II SYSTEMS KNOWN OR SUSPECTED TO BE CONTAMINATED BY DU?	111	
18. WERE YOU AT DOHA ON JULY 11, 1991, AT THE TIME OF THE FIRE?	112	
18a. WERE YOU DIRECTLY INVOLVED IN CLEAN-UP OPERATIONS FOLLOWING THE DOM/ EXPLOSION AND FIRE?	A 112a	
18b. WERE YOU EXPOSED TO SMOKE FROM BURNING DOHA ROUNDS?	112b	
19. WERE YOU IN OR ON A VEHICLE HIT BY <u>ENEMY</u> FIRE AT THE TIME IT WAS HIT? IF "NO," SKIP TO QUESTION 20.	113a	
19a. IF "YES," WHAT TYPE OF A VEHICLE?		
19a(1) Code "a" = ABRAMS battle tank	113b	
19a(2) Code "b" = BRADLEY fighting vehicle	113c	
19a(3) Code "c" = Other (identify) :	113d	
19a(4) Code "d" = Don't know	113e	
19b. IF "YES," WAS THE VEHICLE HIT BY DU MUNITIONS?	113f	
20. DID YOU ENTER AN ABRAMS BATTLE TANK TO PERFORM RESCUE OPERATIONS IMMEDIATEL' AFTER IT WAS STRUCK BY <u>ENEMY</u> FIRE?	Y 114	
21. DID YOU ENTER AN ABRAMS BATTLE TANK TO RETRIEVE SENSITIVE ITEMS IMMEDIATELY AFTER IT WAS STRUCK BY <u>ENEMY</u> FIRE?	115	
22. DID YOU ENTER A BRADLEY FIGHTING VEHICLE TO PERFORM RESCUE OPERATIONS IMMEDIATELY AFTER IT WAS STRUCK BY <u>ENEMY</u> FIRE?	116	
23. DID YOU ENTER A BRADLEY FIGHTING VEHICLE TO RETRIEVE SENSITIVE ITEMS IMMEDIATELY AFTER IT WAS STRUCK BY ENEMY FIRE?	117	

DEPLETED URANIUM QUESTIONNAIRE, Continued SSN		
	(a) BLOCK	(b) CODE
24. WERE YOU IN OR ON ANY VEHICLE HIT BY <u>FRIENDLY</u> FIRE AT THE TIME IT WAS HIT? IF "NO," SKIP TO QUESTION 25.  Code "Y" = Yes	118	
24a. IF "YES," WHAT TYPE OF VEHICLE?		
24a(1) Code" a" = ABRAMS battle tank	118a	
24a(2) Code "b" = BRADLEY fighting vehicle	118b	
24a(3) Code "c" = other (identify below)	118c	
24a(4) Code "d" = Don't Know	118d	
24b. WAS THE VEHICLE HIT BY DU MUNITIONS?	118e	
25. DID YOU ENTER AN ABRAMS BATTLE TANK TO PERFORM RESCUE OPERATIONS IMMEDIATELY AFTER IT WAS STRUCK BY <u>FRIENDLY</u> FIRE?	119	
26. DID YOU ENTER AN ABRAMS BATTLE TANK TO RETRIEVE SENSITIVE ITEMS IMMEDIATELY AFTER IT WAS STRUCK BY <u>FRIENDLY</u> FIRE?	120	
27. DID YOU ENTER A BRADLEY FIGHTING VEHICLE TO PERFORM RESCUE OPERATIONS IMMEDIATELY AFTER IT WAS STRUCK BY <u>FRIENDLY</u> FIRE?	121	
28. DID YOU ENTER A BRADLEY FIGHTING VEHICLE TO RETRIEVE SENSITIVE ITEMS IMMEDIATELY AFTER IT WAS STRUCK BY ERIENDLY FIRE?	122	
29. DID YOU ENTER ANY ENEMY VEHICLE TO PERFORM RESCUE OPERATIONS IMMEDIATELY AFTER IT WAS STRUCK BY OUR FIRE? IF "NO," SKIP TO QUESTION 30.	123	
29a(1) Code "a" = Tank	123a	
29a(2) Code " b" = Other tracked vehicle (identify below)	123b	
29a(3) Code "c" = Truck	123c	
29a(4) Code "d" = Other wheeled vehicle (identify below)	123d	
29a(5) Code "e" = Other type vehicle (identify below)	123e	
29a(6) Code "f" = Don't know	123f	
30. DID YOU ENTER ANY ENEMY VEHICLE TO RETRIEVE SENSITIVE ITEMS OR INTELLIGENCE MATERIAL IMMEDIATELY AFTER IT WAS STRUCK BY OUR FIRE? IF "NO," SKIP TO QUESTION 31.	124	
30a. IF "YES," WHAT TYPE OF VEHICLE?		
30a(1) Code "a" = Tank	124a	

DEPLETED URANIUM QUESTIONNAIRE, Continued SSN:											
	(a) BLOCK	(b) CODE									
30a(2) Code " b" = Other tracked vehicle (identify below)											
30a(3) Code "c" = Truck											
30a(4) Code "d" = Other wheeled vehicle (identify below)											
30a(5) Code "e" = Other type vehicle (identify below)											
30a(6) Code "f" = Don't know	124f										
31. WERE YOU EXPOSED TO SMOKE FROM ANY ENEMY EQUIPMENT STRUCK BY DU ROUNDS?	125										
32. DID YOU REMOVE EQUIPMENT OR OTHER ITEMS FROM A DAMAGED OR DESTROYED U.S. OR ENEMY VEHICLE? IF "NO," SKIP TO QUESTION 33.	126										
32a If you removed something from a vehicle, please describe it below:	126a										
32b Do you still have equipment or other items removed from a damaged or destroyed U.S. or enemy vehicle?	126b										
33. WERE YOU WITHIN 50 METERS (45.72 YARDS) OF A VEHICLE WHEN IT WAS HIT (NOT INCLUDING VEHICLES YOU WERE IN OR ON THAT WERE HIT)? IF "NO," SKIP TO QUESTION 34.	127										
33a. IF YES, WHAT TYPE OF VEHICLE?											
33a(1) Code a = ABRAMS battle tank	127a										
33a(2) Code b = BRADLEY fighting vehicle	127b										
33a(3) Code c = other (identify below)											
33a(4) Code d = Don't Know	127d										
33b. WAS THE VEHICLE HIT BY DU MUNITIONS?	127e										
34. DID YOU BREATH SMOKE OR DUST FROM VEHICLES HIT BY ENEMY OR FRIENDLY FIRE? IF "NO," SKIP TO QUESTION 35.											
34a. IF "YES," WHAT TYPE OF VEHICLE?											
34a(1) Code "a" = ABRAMS battle tank	128a										
34a(2) Code "b" = BRADLEY fighting vehicle											
34a(3) Code "c" = other (identify below)											
34a(4) Code "d" = Don't Know	128d										
34b. WAS THE VEHICLE HIT BY DU MUNITIONS?	128e										

DEPLETED URANIUM QUESTIONNAIRE, Continued SSN									
	(a) BLOCk	(b) CODE							
35. DID YOU CLIMB ON OR ENTER VEHICLES HIT BY ENEMY OR FRIENDLY FIRE SOMETIME AFTER THE IMMEDIATE POST-IMPACT RESCUE PERIOD? IF "NO," SKIP TO QUESTION 36.  "Y" = Yes "N" = No "D" = Don't Know	129								
35a. IF "YES," WHAT TYPE OF VEHICLE?									
35a(1) Code "a" = ABRAMS battle tank									
35a(2) Code "b" = BRADLEY fighting vehicle	129b								
35a(3) Code "c" = Other (identify below)	129c								
35a(4) Code "d" = Don't Know	129d								
35b. HOW MANY TIMES?									
35b(1) Code "a" = 1 Time	129e								
35b(2) Code "b" = 2 Times	129f								
35b(3) Code "c" = 3- 10 times	129g								
35b(4) Code "d" = More than 10 times	129h								
35b(5) Code "e" = Don't know	129i								
35c. HOW LONG (IN TOTAL) WERE YOU ON BOARD THE VEHICLE(S)?									
35c(1) Code "a" = Less than 5 minutes	129j								
35c(2) Code "b" = 5-15 minutes	129k								
35c(3) Code "c" = 16-30 minutes	1291								
35c(4) Code "d" = More than 30 minutes	129m								
35c(5) Code "e" = Don't know	129n								
35d. WAS THE VEHICLE KNOWN TO BE CONTAMINATED WITH DU?	1290								
36. DID YOU PASS WITHIN 50 METERS (45.72 YARDS) OF A DAMAGED OR DESTROYED VEHICLE? IF "NO," SKIP TO QUESTION 37. "Y" = Yes "N" = No "D" = Don't Know	130								
36a. HOW LONG (IN TOTAL) AFTER THE DESTRUCTIVE EVENT?									
36a(1) Code "a" = Less than 12 hours	130a								
36a(2) Code "b" = 12 hours - 24 hours	130b								

SSN								
DEPLETED URANIUM QUESTIONNAIRE, Continued								
36a(3). Code "c" = more than 24 hours	130c							
36a(4). Code "d" = Don't know	130d							
36b. IF "YES," WHAT TYPE OF VEHICLE?		1						
36b(1) Code "a" = ABRAMS battle tank	130e							
36b(2) Code "b" = BRADLEY fighting vehicle	130f							
36b(3) Code "c" = Other (identify below)	130g							
36b(4) Code "d" = Don't Know	130h							
36c. WAS THE VEHICLE BURNING? "Y" = Yes "N" = No "D" = Don't Know	130i							
37. WERE YOU WOUNDED AS A RESULT OR BEING IN, ON, OR WITHIN 50 METERS (45.72 YARDS) OF THE DAMAGED VEHICLE AT THE TIME IT WAS HIT? IF "NO," SKIP TO QUESTION 38.	131							
37a. WHERE YOU WOUNDED?								
37a(1) Code "a" = leg/foot								
37b(2) Code "b" = arm/hand	131b							
37c(3) Code "c" = face/head	131c							
37d(4) Code "d" = neck	131d							
37e(5) Code "e" = body								
37b. DO YOU HAVE RETAINED FRAGMENTS OR SHRAPNEL IN YOUR BODY?								
38. DID YOU FIRE DU ROUNDS?	132							
39. DID YOU HANDLE BARE/DAMAGED DU PENETRATOR ROUNDS? IF "NO," SKIP TO QUESTION 40.	133							
39a. DID YOU HANDLE THE ROUNDS WITH GLOVES?	133a							
39b. DID YOU HANDLE THE ROUNDS WITH SHIELDING?	133b							
OTHER EXPOSURES								
40. DID YOU HAVE EXPOSURE TO DU THAT IS <u>NOT</u> CAPTURED BY THIS QUESTIONNAIRE?	134							
41. IF "YES," DESCRIBE BELOW:								

DEPLETED URANIUM QUESTIONNAIRE, Continued	SSN										
41. DO YOU HAVE OTHER EXPOSURES AND EXPERIEN Code "Y" = Yes Code "N" = No IF "YES," DESCRIBE BE			CUSS	WITH	THE P	ROVII	DER?		135		
42. IS THE 24-HOUR URINE COLLECTION FOR URANIUM Code "N" = No or Code "U" =Unknown. IF "NO" OR "UNK					Code '		,		136		
43.									137		
44. OTHER COMMENTS:											
45. NAME AND TITLE OF EXAMINER/CLINICIAN:											
46. SIGNATURE OF EXAMINER:											
Instructions: Once the DU questionnaire has been or registry code sheet. If the veteran has already had will be sent to AAC. A copy of the questionnaire Baltimore VAMC with the package requesting the ustaff will transmit the results of the urine uranium testing.	l a Ġ\ will a rine ເ	W Reg also be ıraniur	jistry o e sent n test	exami t to t . The	nation he DU Baltir	i, only J Fol nore	y the low-u DU l	DÚ up Pi Follo	que rogr w-u	estio am p pro	nnaire at the ogram
of origin for entry into the veteran's medical record.	- unc	ony to	tile 7 t	7.0 10	- data	base	Cita	y aric			VYTIVIO
TO BE COMPLETED BY THE BALTIMOR  47. CORRECTED URINE URANIUM (EXPRESSED PER MCG PER G CREATIN					3		M S	TAFF	: 		
DIGITS TO THE RIGHT OF THE DECIMAL.  REPEAT URINE URANIUM					138-						
48. REMARKS:					1177	140					

#### ATTACHMENT B

### DEPLETED URANIUM PROGRAM CHECKLIST 24-HOUR URINE URANIUM COLLECTION BALTIMORE VA MEDICAL CENTER

### **CONSULT URINE INSTRUCTIONS (REVISED 07/98)**

PAT	IENT NAME:	Social Security Number:
ADD	ORESS:	Specimen Date:
TEL	EPHONE:	Date of Birth:
	rring VA Medical Center:	Mail Code:
Refe	rring Physician:	
Beep	er Number:	Telephone Number :
FAX	Number (to receive report):	
0	24-hour specimen collection con	7533 to obtain the specimen collection kit, including the tainers and shipping materials from DU Program. Only will be accepted. Specimens received in any other ing containers will be returned.
0		th the top portion completed, and a completed copy of franium (DU) Questionnaire, to 410-605-7943 PRIOR I.
0	Schedule patient for 24-hour urine	collection.
Date	<u>:</u>	
a.	Time of first void (discarded) urin	e DAY 1:
b.	Time of first void urine DAY 2:_	

VA Form 10-9009E

Page 1

June 1998

REPRODUCE LOCALLY

## DU PROGRAM CHECKLIST - CONSULT URINE INSTRUCTIONS (CONTINUED)

0	Instruct patient to urinate directly into the collection container(s). Uranium sticks to the sides of the container. Therefore, <u>do not transfer urine</u> due to potential loss of analyte. Issue 3 containers to patient to insure full 24-hour collection in approved containers.
0	Instruct patient to <u>collect urine beginning after first morning void of Day 1 and end collection after first morning void on Day 2 (the next day)</u> .
a	<u>Seal containers as tightly as possible</u> . Double bag each urine container with absorbent material. Make sure each plastic bag is sealed tightly. <u>Stabilize container inside the box</u> with more absorbent packing material to prevent movement. The sample should be mailed in the package provided. <i>TIP: YOU CAN CONTACT YOUR LABORATORY SERVICES SUPERVISOR TO ASSIST IN PACKAGING</i> .
0	A copy of this form <u>sealed in a separate ziplock plastic bag</u> should be enclosed with the sample for identification purposes and also faxed with the completed copy of VA Form 10-9009D to the DU office at 410-605-7943.
0	SEND SPECIMEN VIA FEDEX. Call the DU Program Office at 1-800-815-7533 as soon as specimen has been shipped.
FEDE	X Tracking Number:
0	SEND TO:
	PATHOLOGY AND LABORATORY MEDICINE SERVICE (113) BALTIMORE VA MEDICAL CENTER 10 N. GREENE STREET BALTIMORE, MARYLAND 21201 ATTN: DR. LAWRENCE BROWN (FOR DU PROGRAM)
0	Before sending this sample, <u>call the DU program office at 1-800-815-7533</u> so that we can anticipate delivery. It is important that you <u>fax a copy of this checklist</u> , and a <u>completed copy of VA Form 10-9009D</u> , to 410-605-7943.
0	You can expect notification of the results in approximately 45 days.

VA Form 10-9009E June 1998

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